



## Dissent with Intention Self-Check

1. **Authenticity and Motivation:** Who is helped by my dissent? Who is harmed? Am I speaking for others when I should speak for myself? Is this my authentic belief? Do I want someone to feel or look bad?
2. **Level of understanding:** Do I understand the systems that will be affected by my action or inaction? What information do I need to seek or intelligence do I need to build to better understand the impact of my action or inaction?
3. **Power and privilege:** What power structures, privilege, and/or oppression am I not considering. What is the injustice that will occur if I do not dissent? Am I okay with that?
4. **Alternatives:** Is this the best time, place, and manner? Are there other frameworks or modes of thought that might be more useful?
5. **Risk:** Lastly, what are the risks if I voice dissent? Is the value gained worth the risk? What is the worst case scenario?